Apache 2

<http://glaucocustodio.com/2012/09/22/otimizando-performance-com-compactacao-gzip-deflate/>

<https://felipebbarbosa.wordpress.com/2013/09/11/habilitar-gzip-apache2/>

No Tomcat

<http://nocodigo.com.br/habilitando-compressao-gzip-no-tomcat/>

abrir o arquivo server.xml:

modificar a tag para:

<Connector port="8080" protocol="HTTP/1.1"

connectionTimeout="20000"

redirectPort="8443"

compression="on"

compressionMinSize="512"

compressableMimeType="text/html,text/xml,text/css,application/javascript,application/json,application/javascript" />

No spring boot

Adicionar ao arquivo application.properties as seguintes linhas:

# ativar compressao da resposta

server.compression.enabled=true

server.compression.mime-types=application/json,application/xml,text/html,text/xml,text/plain